

Family & Consumer Sciences

Students may select programs or courses in this area to prepare for continued education or employment after graduation. Occupational programs are presently offered in Care and Guidance of Children, Clothing Management, Production and Services, Food Management, Production and Services, Home Furnishing, Equipment and Services, and Personal Services. Opportunities for on-the-job occupational training are available in all areas listed above along with advanced course work through the DeKalb High School-Kishwaukee Extended Campus Program.

Materials Fees are due at Registration

Orientation to Family & Consumer Sciences (FCS) 33121/33122

Semesters: 1 .5 Credit
Grade Placement: 9,10 Elective
Course fee required

This is the first course in the basic program for students who wish to gain a broad orientation to Family and Consumer Sciences. The course introduces several FCS programs and provides a sampling for further course work. Basic subject matter presented may include clothing and textiles, resource management, foods and nutrition, housing, furnishings and equipment, human development, and interpersonal and family relationships. Introduction to the world of work may be included.

Living Environments 33161/33162

Semesters: 1 .5 Credit
Grade Placement: 9,10,11,12 Elective
Course fee required

Learning experiences are designed to provide students with the basic knowledge and skills necessary to select, acquire, maintain and manage living environments that meet the needs of the occupants. The course content is divided into two major course content areas: history of American architecture and interior design. The elements and principles of design are stressed. This is a very challenging class with complex vocabulary and terminology that require comprehension and application skills.

Housing II 34102

Semesters: 1 .5 Credit
Grade Placement: 10,11,12 Elective
Prerequisites: Living Environments and/or consent of instructor
Course fee required

This course emphasizes two major areas; structural design and interior design of the home. Students will explore the many aspects of design as related to housing. Living environments and resource management are integral parts of this course. Students will be required to complete a major project in design for the course. This course will be helpful for any student wishing to pursue a career in interior design or architecture.

Parenting/Child Development 32411/32412

Semesters: 1 .5 Credit
Grade Placement: 9,10,11,12 Elective

Parenting/Child Development concerns itself with the issues of contemporary family life. Family relationships, social relationships, values and self-esteem, parenting skills, prenatal development, the birth process, and postnatal period are some of the topics to be covered. Learning experiences will relate to self-understanding and help students gain knowledge and understanding of the intellectual, emotional, physical, and social development of the young child. This course is a prerequisite to the Child Care Occupation-Laboratory Course.

Child Care Occupations 32420

Semesters: 2 1 Credit
Grade Placement: 10,11,12 Elective

Prerequisites: Parenting/Child Development with a "C" or better or consent of the instructor

This course is designed to acquaint students with pre-school children, their growth, development and behavior and prepare students for employment in a variety of child care facilities. Students will apply their knowledge about children through participation and observation in a preschool which meets at the high school. This course will be of value to students desiring present or future employment in the field of child care and development, elementary education or special education, as well as parenting. Successful completion with a minimum grade of "C" and consent of instructor is a prerequisite for enrolling in Child and Day Care Services.

Child & Day Care Services (Lab)

Semesters: 2 (two consecutive period class periods) 2 Credits
Grade Placement: 11,12 Elective
Prerequisite: "B" or above in Child Care Occupations

This year-long two consecutive period course will provide students with the opportunity to participate in an internship in the DCUSD #428 Pre-K program. **Students must provide their own transportation to and from the participating elementary schools, as well as being fingerprinted prior to the internship experience.** The course will prepare students to enter the career fields of Early Childhood Education, Elementary Education, and working with and parenting the preschool age child.

Clothing, Textiles & Fashion (CTF) I, II 30011/30012

Semesters: 1 or 2 .5 Credit per Semester
Grade Placement: 9,10,11,12 Elective
Materials Fee: **Course fee is required to cover consumable supplies and students must furnish, at their own expense, materials and supplies for construction projects.**

Prerequisites: Students need a semester of CTF I and/or instructor permission to enroll in CTF II. CTF I is offered in the Fall semester only and is a prerequisite for all other CTF classes.

These courses are planned to provide students opportunities to develop knowledge and understanding of textiles and clothing construction. Basic subject matter includes: textile and clothing selection, clothing maintenance and care, sewing and other construction skills. Fashion merchandising and related career opportunities will be explored throughout the course.

During each semester, students will construct a minimum of two projects for which they must furnish materials and supplies. Projects in CTF I include a sweatshirt (knit fabric) and pants or skirt (woven fabric). A student must have completed CTF I with a "C" or better before enrolling in any other clothing class.

Advanced Clothing, Textiles & Fashion III, IV 30021/30022

Semesters: 1 or 2 .5 Credit per Semester
Grade Placement: 10,11,12 Elective
Prerequisites: CTF I with a "C" or better
Materials Fee: **Course fee is required for consumable materials and students must furnish, at their own expense, materials and supplies for projects.**

This is an advanced level course for the student wishing to refine techniques and learn further advanced sewing skills. The complexity of construction will increase at each level.

Advanced Clothing, Textiles and Fashion V, VI 30031/30032

Semesters: 1 or 2 .5 Credit per Semester
Grade Placement: 11,12 Elective
Prerequisites: CTF I and CTF III with a "C" or better, and a "C" or better in any CTF taken
Materials Fee: **Course fee is required for consumable materials and students must furnish, at their own expense, materials and supplies for projects.**

This course provides an opportunity to work with advanced sewing techniques. The student will consult with the teacher to determine the specific program of study, which could include the following areas: working with special fabrics (leather, fur, lace, etc.), pattern design, custom tailoring, commercial sewing techniques, etc. This is an advanced level course for the student wishing to refine techniques and learn further sewing skills or the student who wishes to further explore the fashion merchandising industry. Tests, readings, and written work are required along with the project work.

Foods & Nutrition I 33171/33172

Semesters: 1 .5 Credit
Grade Placement: 9,10,11,12 Elective
Course fee required

This course provides an opportunity to study the areas of nutrition and food preparation through classroom and laboratory experiences. The course content centers around the following areas: meeting basic nutritional needs; planning, preparing, and serving food in a healthful and safe environment; applying consumer skills; and promoting hospitality in food practices. Information related to careers in foods and nutrition is incorporated throughout the course.

Advanced Foods & Nutrition IIA, IIB 33181/33182

Semesters: 1 or 2 .5 Credit per Semester
Grade Placement: 10,11,12 Elective
Prerequisites: Completion of all previous foods classes with a "C" or better
Course fee required

These courses provide advanced work in various foods areas. Foods IIA is offered in the fall semester and includes study of food preservation, meal management and entertaining, poultry and meat preparation, food merchandising, cake making and decorating, and egg cookery. Foods IIB is offered in the spring semester and includes the study of yeast breads, homemade pasta, and intensive regional and foreign foods research and preparation. Other areas will be included each semester according to the personal and vocational interests of the students. Students should be able to perform all four roles in lab situations as well as write a complete and accurate lab plan. Regular attendance and a sense of group cooperation are required. Students should be willing to taste a wide variety of cuisine.

Resource Management/Economic Education 20921/20922

Semesters: 1 .5 Credit
Grade Placement: 11,12 Required
Student is required to purchase a workbook

Our economy is based on the idea that everyone produces goods and services and consumes goods and services, even though not everyone produces goods and services at the same time. This course serves to answer the needs of the individual with special emphasis given to planning and decision making, financial security, consumer credit, taxes, government services, and purchasing. Students will learn their consumer rights and responsibilities in the marketplace and how to analyze resource/consumer management skills necessary for present and future decisions. The State of Illinois provides an opportunity to test once each semester to proficiency out of the Economic Education requirement for graduation.

Home Economics Related Occupations (H.E.R.O.)

Semesters: 2 2 Credits (1 H.E.R.O. Class; 1 on-the-job related)
Grade Placement: 11,12 Elective
Prerequisite: Application and interview process

Home Economics Related Occupations is designed for students interested in pursuing careers related to the many areas of Family and Consumer Sciences. Students participate in paid cooperative education work experience at appropriate training sites and also participate in related class instruction. Curriculum areas focus on providing students with job related and personal and social skills needed for job entry, advancement, or further education. Individualized training plans are developed based on the job training site. This course will be valuable to any student (college-bound or work-bound) who is wishing for more information about career planning and placement.

Adult Living 33221/33222

Semesters: 1 .5 Credit
Grade Placement: 11,12 Elective
Materials Fee: **Course fee is required for consumable materials and students must furnish, at their own expense, materials and supplies for projects.**

This course is designed to meet the needs of the young adult (both male and female) who is about to graduate from high school and join the work force or go to college. Emphasis will be on practical living skills and knowledge that will be needed by the student. The course content will include the general areas of Foods and Nutrition, Clothing and Textiles, Personal Relationships, Resource Management, Housing and Interior Design, and the roles and responsibilities required to function in life. This is an **accelerated level course** that will be useful to students going on to college or planning to live on their own in the future.